

# City of Goodyear Events, Classes, and Sports Summer 2012

## Special Events

### Goodyear City Market

Goodyear's outdoor market has become a West Valley favorite. Enjoy an outdoor stroll as you shop for produce, specialty foods, unique gifts, crafts, pet novelties, and works by local artists. For more information and a vendor application, call 480-585-8639. This is a free event with free parking.

Date: May 5, 2012  
Times: 9 a.m. to 1 p.m.  
Location: Goodyear Ballpark

### Dry Heat Comedy Nights

Laughter is the best medicine to cope with our Arizona heat. Come out in the evening to hear some of the funniest comedians in the Valley perform clean, adult humor. Bring lawn chairs/blankets as well as food and beverages of your choice, (no glass containers please) or purchase from our on-site food vendor. This is a free event with free parking.

Dates: June 9 and August 11, 2012  
Time: 8 p.m.  
Location: Goodyear Community Park, 3151 N. Litchfield Rd.



A supervised, drop-in recreation program designed for Goodyear youth, who will be enrolling in grades 1 through 6 for the upcoming 2012-2013 school year. Trained and experienced staff will provide a variety of fun and educational programs including indoor/outdoor activities, clubs, games, mini tournaments, big-screen movies days, swimming at Goodyear Swimming Pool, guest instructors, and speakers. This fun, educational and exciting program features on-site activities as a part-time, drop-in format. The program is limited to 80 participants.

Days: Monday – Thursday  
Dates: June 11 – July 26, 2012 (closed July 4)  
Times: 8:30 a.m. to 3 p.m.  
Location: Copper Trails Elementary School, 16875 W. Canyon Trails Blvd.  
Prices: One-time program fee: \$190 (\$215 non-resident)  
Transportation fee: \$5 per field trip (save a seat on the bus)  
Field Trip #1: Wazee World (\$12 admission fee)  
Field Trip #2: Sky Zone (\$13 admission fee)  
Register: April 9 – 20, 2012 (or until filled)  
Resident only registration: April 9 – 20, 2012  
Open registration: April 21 – May 18, 2012 (or until filled)

**IMPORTANT NOTES:** 1) Children may choose to sign themselves in/out at any time during the program hours. 2) Children must bring a sack lunch and mid-morning snack. 3) Field Trips: Two optional field trips are scheduled; each field trip will have separate transportation fee, plus the destination's admission fee, which will be collected later during the session. For more information on Summer Recreation, please call 623-882-7513.

## Important Information

### Goodyear Recreation Registration

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, birth certificates for all minors under 18 years old, and a photo ID for each parent or legal guardian are required when setting up a household account. Only parents or legal guardians are allowed to register minors. Registration is required for all classes. Registration may be accepted online or at the Goodyear Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Please note: non-refundable convenience fees apply to all online transactions. Not all classes are available for online registration. Some classes require registration fees and class fees in addition to the price of the class. For more information on registration, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

### Refund Policy for All Programs

If the participant wishes to cancel enrollment or does not participate in a program, the participant must notify the Parks & Recreation Department at least five days prior to the start of the program to receive a refund. No refunds will be issued less than five days prior to the start of the program or reservation date. Refund options:

- 1) Parks & Recreation Household Account: If the customer wants the refund posted to his/her account, a credit for the paid amount minus the online convenience fee charge will be issued. This amount must be used within one year of the issue date.
- 2) Check Refund: If the customer paid by cash or check and would like a check issued from the City Finance Department, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was paid. A check will be mailed within two weeks.

- 3) Credit Card Refund: If the customer paid by credit card and would like to credit his/her credit card, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was originally paid minus the online convenience fee charge. A credit card refund will be issued within three days.

### Scholarships

The City of Goodyear offers scholarships to all Goodyear residents to make our programs more affordable for families. Participants must meet the following requirements:

- 1) Must be a Goodyear resident.
- 2) Participate in one of the following programs:
  - Government/Food Stamps/Cash Assistance  
Attach copies of all that apply: current Social Security Award benefit letter, SSI Disability letter, retirement, unemployment or other government subsidy.
  - Salary/Wages  
Attach copies of the two most recent paycheck stubs from EACH employer for both the applicant and spouse. If you are paid weekly, attach copies of the four most recent paystubs. Stub must show gross wages and may not be dated more than 30 days from application date.
- 3) Must provide federal assistance program documentation (U.S. citizen verification), including a copy of a birth certificate.

If approved, funds are awarded, if available, per class up to the maximum amount allocated. A \$5 fee per person, per class is required. For more information, please call 623-882-7525.

# Aquatics

## Goodyear Swimming Pool

430 E. Loma Linda Blvd.  
(south of Van Buren Street, east of Litchfield Road)  
Pool Office: 623-932-4809

### Open Swim Hours\*

May 26 – September 3  
Monday – Friday: 1 to 4 p.m. and 6:30 to 8:30 p.m.  
Saturdays and Sundays: 2 to 8 p.m.  
Hours vary. See pool schedule online: [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

### Open Swim Daily Price

\$1.50 per person, ages 3 and under are free

### Open Swim Pass

May 26 – September 3; hours vary. See pool schedule online.  
Individual Pass: \$25 (\$30 non-resident)  
Family Pass: \$50 (\$60 non-resident)  
Family passes are available for members of the same household.

\*Open swim hours may change due to events or weather conditions.  
Please check the website or call 623-882-7525 to confirm swim times.



## Swim Lessons (3+ yrs)

The City of Goodyear is offering swim lessons taught by Starfish Aquatics Institute (SAI) certified instructors. This swim lesson program requires parent involvement. You can help by providing for your child's safety around water at all times, maintaining enthusiasm and a positive attitude about learning to swim, ensuring your child attends each swim lesson (unless they are sick), discussing and applying water safety rules, and practicing the fundamental skills your child is learning in class. We encourage purchasing a swim lesson participation book for \$5 at the time of registration. Check the website at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) for more information.

Infant Swimming Resource (ISR) lessons are highly recommended for ages six months and older, teaching infants and children self-rescue skills. Give your child the competence, confidence and skills of aquatic safety and survival from ISR, the safest provider of Self-Rescue™ swimming lessons for children six months to six years of age. For the last 40 years, ISR's hands-on instruction technique has been researched and developed to offer a proven system for safely teaching your child to enjoy the fun of swimming, while at the same time teaching life saving survival swimming skills. Unlike other programs, lessons are customized and taught one-on-one by a certified ISR instructor. Lessons last for 10 minutes, Monday through Friday for four to six weeks. The lessons provide your child with the competence and confidence to safely enjoy the water, with emphasis on health, ongoing program evaluations, and parent education. For more information and to register, go to [www.infantswim.com](http://www.infantswim.com), call 623-935-2935, or e-mail [infantswimgoodyear@cox.net](mailto:infantswimgoodyear@cox.net).  
By Cindy Perlman, certified ISR instructor.

Days: Monday – Friday, for 4 to 6 weeks  
Times: 10 minutes class, 5 classes per week,  
Times to be determined by instructor  
Location: Goodyear Swimming Pool,  
430 E. Loma Linda Blvd.  
Prices: \$190 (\$105 registration fee at  
[www.register.infantswim.com](http://www.register.infantswim.com),  
plus \$85 week per week)

## Swim Lesson Assessment Dates

Assessments are mandatory for swim lesson participation. Instructors will be available every Saturday, April 7 to May 26 from 9 a.m. to 12 p.m. to evaluate participants for placement. Please bring a swim suit and towel. Assessments take 5 to 10 minutes per child. No registration at assessments.

## Session Dates

May 21 – June 1: residents register May 14, open registration May 15 – 18  
June 4 – 15: residents register May 29, open registration May 30 – June 1  
June 18 – June 29: residents register June 11, open registration June 12 – 15  
July 2 – 13: residents register June 25, open registration June 26 – 29  
July 16 – 27: residents register July 9, open registration July 10 – 13  
July 30 – August 10: residents register July 23, open registration July 24 – 27  
August 13 – 24: residents register August 6, open registration August 7 – 10  
August 27 – September: residents register August 20, open registration August 21 – 25  
September 10 – 21: residents register September 4, open registration September 5 – 7

Times: Schedule depends on assessments. View schedule online.  
Please review make-up and refund policies.

Location: Goodyear Swimming Pool, 430 E. Loma Linda Blvd.

Prices: \$30 (\$40 non-resident)

Register: Online or in person on specified dates

For information, please call 623-882-7525  
or visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec)

## Swim and Dive Teams (4 - 18 yrs)

Goodyear Sharks is a summer, recreational swim and dive team. Swimmers must be able to swim 25 yards and be familiar with all four competitive strokes: butterfly, backstroke, breaststroke, and freestyle. Divers must be able to swim and tread water. The Swim Team is part of the MarWest League. The Dive Team is part of the AKD (Arizona Kids Diving) League as well as AAU (Amateur Athletic Union) for advanced divers.

Participants must have an appropriate swim suit, cap and goggles, water bottle, sunscreen, and towel. See practice schedule below. Meet and activity schedule can be viewed online at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec). \$5 discount for additional siblings registering for the same program. Additional fees apply for uniforms, other gear, services (i.e. clinics, one-on-one lessons, etc.) and additional competitions. The fees will be optional. Age is as of June 1, 2012.

## Swim Team

Days: Monday – Friday  
Dates: May 21 – beginning of July  
Times: May 21 – June 8:  
after school practices  
3:30 to 4:15 p.m. (4 - 6 yrs)  
4:30 to 5:30 p.m. (7 - 8 yrs)  
5:30 to 6:30 p.m. (9 - 10 yrs)  
6:30 to 7:30 p.m. (11 - 18 yrs)  
June 11 – beginning of July:  
morning practices  
7 to 8 a.m. (13 - 18+ and 11 - 12 yrs)  
8 to 9 a.m. (11 - 12 and 9 - 10 yrs)  
9 to 10 a.m. (9 - 10 and 7 - 8 yrs)  
10 to 10:45 a.m. (4 - 6 and 7 - 8 yrs)

Locations: Practices: Goodyear Swimming Pool  
Meets: various Valley locations

Prices: \$49 (\$69 non-resident)

Register: Registration begins April 16

## Dive Team

Days: Monday – Friday  
Dates: May 21 – end of July  
Times: May 16 – June 8:  
after school practices  
3:30 to 5:30 p.m. (11 - 18 yrs)  
5:45 to 7:30 p.m. (5 - 10 yrs)  
June 11 – end of July:  
morning practices  
7 to 8:15 a.m. (9 - 12 yrs)  
8:15 to 9:30 a.m. (5 - 8 yrs)  
9:30 to 10:45 a.m. (13+ yrs)

Locations: Practices:  
Goodyear Swimming Pool  
Meets: various Valley  
locations

Prices: \$49 (\$69 non-resident)

Register: Registration begins  
April 16



## Southwest Valley Family YMCA Aquatics

Southwest Valley YMCA, 2919 N. Litchfield Rd., 623-935-5193  
[www.valleymca.org/southwestvalley/](http://www.valleymca.org/southwestvalley/)

FM: Facility Membership, PM: Program Membership

## Learn to Swim Classes (3+ yrs)

Group swim lessons are a great way to introduce kids to water safety and basic swim strokes. Lessons are offered year round, with new lessons beginning every month. Lessons are offered twice a week for four weeks, with a total of eight sessions. From parent/child classes that cater to children as young as six months old to our most advanced group lessons that help prepare swimmers to move on to a swim team, there is a lesson designed for everyone.

Days: Monday – Thursday (monthly), Saturdays (5-week sessions)  
Times: 8:30 to 11 a.m. and 4:30 to 7 p.m.  
Location: Southwest Valley Family YMCA  
Prices: FM \$42, PM \$77

## Semi-Private and Private Swim Lessons (3 yrs - adult)

Private and semi-private Lessons are available for children and adults of all ages, at any ability. Semi-private and private lessons are catered directly to participant's needs and skill level. Learning is often accelerated through the benefit of both one-on-one and two-one instruction. Days and times vary.

Location: Southwest Valley Family YMCA  
Prices: Private Lessons Semi-Private Lessons  
4 Lessons: FM \$62, PM \$93 4 Lessons: FM \$47, PM \$93  
8 Lessons: FM \$116, PM \$165 8 Lessons: FM \$116, PM \$165

## YMCA Westside Silver Fins (5 yrs - adult)

Year round United States Swimming (USS) team that competes locally, regionally, and nationally. YMCA WSF offers a competitive program for athletes of all ages. Team members must be able to complete at least 25 yards freestyle and 25 yards backstroke without stopping and be familiar with all four competitive strokes.

Practice days and times vary between the different training groups. Athletes are encouraged to set up an appointment to meet with a coach and participate in a trial to determine skill level. For more information, please visit [www.wsfins.com](http://www.wsfins.com) or contact the Southwest Valley Family YMCA.

Days: Year round program with most practices in the evenings  
Times: Vary by training group  
Locations: Southwest Valley Family YMCA and Glendale YMCA  
Prices: \$35 - \$115 depending on training group and YMCA membership status

## Water Fitness Classes (adults)

Take to the water for fun and fitness! We offer a variety of aquatic exercise programs for all fitness levels, and you don't have to be a swimmer to participate! The programs, which take place mainly in the shallow water, range from joint range of motion classes to high intensity aerobic classes. Exercising in the water provides a challenging workout in a near weightless and zero impact environment.

Days: Monday – Friday  
Times: 8:30 to 10:30 a.m.  
Location: Southwest Valley Family YMCA  
Prices: Day pass for Goodyear residents: 18 yrs and under: \$2.50; 19+ yrs: \$5  
Member pricing varies

## Junior Lifeguard Program (11 - 14 yrs)

This class teaches basic lifesaving skills, CPR/AED and First Aid. Participants are given a private tour of the Goodyear Fire Department and taught how to respond in emergency situations.

Days: Mondays, Wednesdays, Fridays  
Times: 8 to 9 a.m.  
Location: Southwest Valley Family YMCA  
Prices: FM \$65, PM \$95



# Youth Enrichment Classes

## Goodyear Recreation Registration

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page 1 for details. For information, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

## Babysitting (10 - 18 yrs)

This community education and safety program covers child safety and basic care techniques and provides information for home, childcare workers, or babysitters. Topics include: pediatric CPR and First Aid, feeding, burping, and diapering. Participants receive a workbook and a two-year certification. Please bring a sack lunch. For more information, go to [www.crosslifeline.com](http://www.crosslifeline.com), call 866-508-7234, or e-mail [learnpr@crosslifeline.com](mailto:learnpr@crosslifeline.com). By Cross' Lifeline Emergency Training. Min/Max: 6/20. Registration fee: \$5 (\$10 non-resident) due at registration. Class fee: \$40 made payable to Cross' Lifeline Emergency Training, is due at class. Pre-registration required.

Dates: Choose one: June 9, July 14, August 11, or September 8 (one day class)  
Times: 9 a.m. to 1 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$45 (\$50 non-resident)  
Register: Now through one week before class



## CPR and First Aid Basic (12+ yrs)

The First Aid course teaches recognition of the signs and symptoms of injuries and sudden illness. Learn to deal with emergencies like bleeding, shock, burns, etc. This program meets OSHA and state child care licensing requirements and is consistent with CPR guidelines. Participants receive a two-year certification. Please indicate if you need Healthcare Provider certification. Find more information at [www.crosslifeline.com](http://www.crosslifeline.com), 1-866-508-7234, or e-mail [learnpr@crosslifeline.com](mailto:learnpr@crosslifeline.com). By Cross' Lifeline Emergency Training. Min/Max: 6/20. Registration fee: \$5 (\$10 non-resident) is due at the time of registration. Class fee: \$25 made payable to Cross' Lifeline Emergency Training is due at class. Pre-registration required.

Dates: Choose one: June 21, July 25, August 16, or September 19 (one day class)  
Times: 6 to 9 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$30 (\$35 non-resident)  
Register: Now through day before class



## CrossFit

CrossFit Fury, 600 N. Bullard Ave., Suite 4-5  
For information and to register: [www.crossfitfury.com](http://www.crossfitfury.com) or 623-932-4338

### CrossFit Kids (5+ yrs)

Our goal at CrossFit Kids at Fury is broad, inclusive, general fitness wrapped in fun. That means we want to help your kids become healthier and more fit, while learning to enjoy playing the sport of fitness. This involves teaching kids to move safely, eat healthy, and challenge their limits. We will work on skill movements, efficient exercise, and an active game in each class. For more information and to register, go to [www.crossfitfury.com](http://www.crossfitfury.com) or call 623-932-4338.

Days: Elementary: Thursdays, 5:30 p.m., and Saturdays, 8:15 a.m. (30 minute classes)  
Advanced: Mondays and Wednesdays, 5:30 p.m., and Thursdays 6 p.m. (45 minute classes)  
Prices: \$10 (\$12 non-resident) per class  
\$70 (\$84 non-resident) per punch card for 8 classes

### CrossFit Kids Team Training

This program is a unique approach to advancing a young athlete's physical and mental capabilities in a team setting. Focus is on learning basic movement patterns to increase kinesthetic awareness, strength, speed, and general work capacity.

Days: Tuesdays or Thursday at 6:30 p.m.  
Prices: \$12 (\$14 non-resident) per class  
or \$10 per class for teams of 8 or more

### CrossFit Fury Student Athlete Program

Off-season strength and conditioning course for high school-aged athletes serious about playing collegiate level sports. This program teaches and implements collegiate-style training with emphasis on mechanics, technique, and general conditioning.

Days: Tuesdays and Thursdays, 5:30 p.m., and Saturdays, 9 a.m.  
Prices: \$100 (\$110 non-resident) per month

## Dance by Steppin' Out Performing Arts

13331 W. Indian School Rd., Litchfield Park  
[www.steppinoutperformingarts.com](http://www.steppinoutperformingarts.com) or 623-399-9722  
e-mail: [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com)  
Pre-registration required; call 623-882-7525 for information. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 per 6-week session made payable to Steppin' Out Performing Arts is due the first day of class.

### Ballet/Jazz Combo (3 - 5 yrs)

In this class, children will receive a well-rounded introduction to dance. Using stories, props, and fun music, children learn ballet, jazz, and tumbling skills. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Min/Max: 4/8.

Days: Fridays  
Dates: April 20 – May 25 (6 weeks)  
June 15 – July 27 (6 weeks) (no class July 6)  
August 3 – September 14 (6 weeks) (no class September 7)  
Times: 11:30 a.m. to 12:15 p.m.  
Prices: \$40 (\$50 non-resident) per session



For information, please call 623-882-7525  
or visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec)

### Ballet/Tap Combo I (3 - 5 yrs)

This class is an exciting introduction to ballet, tap, creative movement, and tumbling basics. The focus is on having fun and giving your child a positive introduction to dance. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Tap shoes required. Min/Max: 4/8.

Days: Wednesdays, 3 to 3:45 p.m. or Fridays, 10:30 to 11:15 a.m.  
Dates: April 18 – May 25 (6 weeks)  
June 13 – July 27 (6 weeks) (no class July 4 or 6)  
August 1 – September 14 (6 weeks) (no class September 5 or 7)  
Prices: \$40 (\$50 non-resident) per 6-week session

### Ballet/Tap Combo II (5 - 8 yrs)

This class is an exciting introduction to ballet, jazz, tap, creative movement, and tumbling basics. The focus is on having fun and giving your child a positive introduction to dance. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Tap shoes required. Min/Max: 4/8.

Days: Wednesdays  
Dates: April 18 – May 23 (6 weeks)  
June 13 – July 25 (6 weeks) (no class July 4)  
August 1 – September 12 (6 weeks) (no class September 5)  
Times: 4 to 4:45 p.m.  
Prices: \$40 (\$50 non-resident) per 6-week session



### Cheer/Hip Hop Combo (6 - 12 yrs)

Students learn basic arm movements, tumbling, jumps, stunts, the newest dance styles, and tricks. These skills will be combined into cheers, chants, and dances to be showcased for parents at the end of the session. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident) due at the time of registration. Class fee: \$35.

Days: Saturdays  
Dates: April 21 – May 26 (6weeks)  
June 16 – July 28 (6 weeks) (no class July 7)  
August 4 – September 15 (6 weeks) (no class September 8)  
Times: 12 to 12:55 p.m.  
Prices: \$40 (\$50 non-resident) per 6-week session

### We Can Dance Two (2 yrs)

Teach your two-year-old skills that build strength, coordination, flexibility, and motor skills. Using props, stories, and fun music, your child will gain a positive introduction to dance and tumbling basics. Spend quality time with your child and meet new friends! One adult per child. Min/Max: 4/12.

Days: Fridays  
Dates: April 20 – May 25 (6 weeks)  
June 15 – July 27 (6 weeks) (no class July 6)  
August 3 – September 14 (6 weeks) (no class September 7)  
Times: 9:30 to 10:15 a.m.  
Prices: \$40 (\$50 non-resident) per 6-week session



## Gymnastics by Estrella Gymnastics

Estrella Gymnastics, 14190 W. Van Buren St., Suites A106 & A107  
[www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or 623-932-1053  
Prices are per session. Pre-registration is required for all classes. Registration fees are due at the time of registration. Class fees are due first day of class.

### Estrella Gymnastics Summer Camps (3 - 12 yrs)

"Discoverers" is a camp for boys and girls ages 3 - 4 with age-specific sporting activities, and lots of hands-on arts and craft activities. "Explorers" is a faster moving day camp for ages 5 - 12. This is truly an older kids' day camp setting, with unique and challenging activities and field trip venues, including Golf Land on June 24 (additional \$45 per person), Big Surf on July 17 (additional \$45 per person) and roller skating. Weekly activities include gymnastics, trampoline, floor games, waterslide, hamster ball, and roller skating. Estrella Gymnastics Summer Day Camp campers, under the leadership of our field trip director, will spend one day of each week exploring and enjoying a variety of Goodyear's most fun recreational venues. Campers will be transported on a 44-passenger air-conditioned "transit" bus. Contact Estrella Gymnastics at 623-932-1053 for more information. Registration fee: \$5 (\$10 non-resident) per week, made payable to City of Goodyear, is due at registration. Class fee: price of camp per week, made payable to Estrella Gymnastics, is due first day of camp.

Dates: June 18 – 22 (week 1)  
July 9 – 13 (week 2)  
July 23 – 27 (week 3)  
Times: Half Day: 9 a.m. to 1 p.m. or Full Day: 9 a.m. to 3:30 p.m.  
3-day: Mon/Wed/Fri; 5-day: Monday through Friday  
Prices: Price if paid by April 7, 2012 / Price if paid after April 7, 2012  
\$54/69: half day/3-day  
\$90/105: half day/5-day  
\$88/113: full day/3-day  
\$147/172: full day/5-day  
Register: Now through one week before class

### Parent Tot Gymnastics (1 - 3½ yrs)

Parents, grandparents, aunt or uncle have fun introducing children to the fun of gymnastics. Qualified and caring teachers will guide you to help your child accomplish skills on balance beam, bars, tumbling, and trampoline in a bright, clean preschool environment. For more information about this class, go to [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$40 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Tuesdays (1 - 2½ yrs), 9 to 9:40 a.m.  
Saturdays (1 - 2½ yrs), 8:30 to 9:10 a.m.  
Thursdays (2½ - 3½ yrs), 9 to 9:40 a.m.  
Fridays (2½ - 3½ yrs), 3:15 to 4 p.m.  
Saturdays (2½ - 3½ yrs), 8:30 to 9:10 a.m.  
Dates: April 3 – April 28 (4 weeks)  
May 1 – 26 (4 weeks)  
June 5 – 30 (4 weeks)  
July 10 – August 2 (4 weeks)  
Prices: \$50 (\$60 non-resident) per 4-week session



# Youth Enrichment Classes

For information, please call 623-882-7525  
or visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec)

## Goodyear Recreation Registration

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## Gymnastics by Estrella Gymnastics

Estrella Gymnastics, 14190 W. Van Buren St., Suites A106 & A107  
[www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or 623-932-1053

### Tiny Stars Gymnastics (3½ - 4 yrs)

A structured class without parents, introducing students to floor exercise, tumbling, balance beam, bars, and trampoline. Qualified and caring teachers will teach age-specific skills. Min/Max: 4/10. Pre-registration required. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$50 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Fridays 4 to 4:45 p.m. or Saturdays 10 to 10:45 a.m.  
Dates: April 6 – 28 (4 weeks)  
May 4 – 26 (4 weeks)  
June 8 – 30 (4 weeks)  
July 13 – August 4 (4 weeks)  
Prices: \$60 (\$70 non-resident) per 4-week session

### Junior Gymnastics (4½ - 6 yrs)

A structured class without parents, introducing students to floor exercise, tumbling, balance beam, bars, and trampoline. Qualified and caring teachers will teach age-specific skills. Min/Max: 4/18. Pre-registration required. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$50 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Fridays  
Dates: April 6 – 27 (4 weeks)  
May 4 – 25 (4 weeks)  
June 8 – 29 (4 weeks)  
July 13 – August 3 (4 weeks)  
Times: 4:45 to 5:30 p.m.  
Prices: \$60 (\$70 non-resident) per 4-week session

### Boys/Girls Gymnastics (6 - 12 yrs)

Structured classes introduce students to basic skills on all of the gymnastics apparatus, including tumbling, vault, bars, balance beam, and trampoline. Qualified instructors will ensure that children receive the best instruction to learn the basic skills, applying correct and safe technique. Award ribbons will be given to all participants. Min/Max: 4/15. Pre-registration required. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$50 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Fridays  
Dates: April 6 – 27 (4 weeks)  
May 4 – 25 (4 weeks)  
June 8 – 29 (4 weeks)  
July 13 – August 3 (4 weeks)  
Times: 5:30 to 6:15 p.m.  
Prices: \$60 (\$70 non-resident) per 4-week session

### Boys/Girls Tumbling (7 - 14 yrs)

Learn the basic skills of tumbling, including basic rolls, cartwheels, handstands, walkovers, round offs, back handsprings and more. Qualified instructors will ensure that children receive the best instruction to learn the basic skills applying correct and safe technique. Award ribbons will be given to all participants. For more information about this class, go to [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/15. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$50 per session, made payable to Estrella Gymnastics, is due first day of class.

Days: Fridays  
Dates: April 6 – 27 (4 weeks)  
May 4 – 25 (4 weeks)  
June 8 – 29 (4 weeks)  
July 13 – August 3 (4 weeks)  
Times: 6:15 to 7 p.m.  
Prices: \$60 (\$70 non-resident) per 4-week session

### Dance N Tumble (4 - 14 yrs)

This unique class includes dance followed by tumbling and trampoline in the gym. Min/Max: 4/12. Pre-registration required. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$50 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Tuesdays  
Dates: April 3 – 24 (4 weeks)  
May 1 – 22 (4 weeks)  
June 5 – 26 (4 weeks)  
July 10 – 31 (4 weeks)  
Times: 4:30 to 5:15 p.m. (4 - 5 yrs)  
5:15 to 6 p.m. (6 - 14 yrs)  
Prices: \$60 (\$70 non-resident) per 4-week session

### Kick N Tumble (4 - 12 yrs)

Combination of karate, tumbling, and trampoline taught by certified karate and gymnastics teachers. Min/Max: 4/12. Pre-registration required. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$40 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
Dates: April 2 – 25 (4 weeks)  
May 7 – 30 (4 weeks)  
June 4 – 27 (4 weeks)  
July 9 – August 1 (4 weeks)  
Times: 4:30 to 5:30 p.m.  
Prices: \$50 (\$60 non-resident) per 4-week session

## Martial Arts

### Karate for Kids (4 - 14 yrs)

Students will learn the fundamentals of karate from a certified instructor. Students will gain discipline, self-confidence, strength, and coordination. Stranger awareness will be taught and incentive patches will be awarded for achievement. For more information, go to [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$35 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
Dates: April 2 – 25 (4 weeks)  
May 7 – 30 (4 weeks)  
June 4 – 27 (4 weeks)  
July 9 – August 1 (4 weeks)  
Times: 5:30 to 6:15 p.m. (4 - 6 yrs)  
6:30 to 7:15 p.m. (7 - 14 yrs)  
Location: Estrella Gymnastics,  
14190 W. Van Buren St.,  
A106 & A107  
Prices: \$45 (\$55 non-resident) per 4-week session

### Tae Kwon Do (4+ yrs)

Tiger Cubs (ages 4 - 5 years) learn the basics of Tae Kwon Do: working kicks and blocks, large muscle development, and flexibility. Cubs learn stranger/abduction avoidance and self-defense. Students White Belt and above (ages 6 - 12 years) learn the traditional art of Tae Kwon Do from an ITA certified instructor. This program includes training in moves, forms, self-defense, flexibility, strength, and conditioning. The classes also focus on learning the seven tenants: honor, courtesy, integrity, perseverance, self-control, courage, and community. White and Yellow Belts are beginning students; Green Belts and above are advanced students. Uniform is required; first uniform will be provided; additional can be purchased. Jiu-Jitsu classes are also available. By Karl Kurtz. For more information, call 623-210-9740.

Days: Ongoing classes are 4 days per week  
Recommended: 2 to 4 classes per week

Times: Tiger Cubs  
Wednesdays, Fridays: 5 to 5:30 p.m.  
Saturdays: 11:30 a.m. to 12 p.m.  
Jr. White and Yellow Belts  
Mondays: 5 to 5:50 p.m.  
Wednesdays, Fridays: 5:30 to 6:20 p.m.  
Saturdays: 10:30 to 11:20 a.m.  
Jr. Green Belts and up  
Mondays: 6 to 6:50 p.m.  
Wednesdays: 6:30 to 7:20 p.m.  
Fridays: 5:30 to 6:20 p.m.  
Saturdays: 9:30 to 10:20 a.m.  
Adults  
Mondays: 8 to 8:50 p.m.  
Wednesdays, Fridays: 7:30 to 8:20 p.m.  
Saturdays: 12 to 12:50 p.m.

Location: Goodyear Community Center, 420 E. Loma Linda Blvd.

Prices: \$45 (\$55 non-resident) per month, Tiger Cubs  
\$60 (\$70 non-resident) per month, White Belts and above  
Register at Goodyear Taekwondo with Karl Kurtz  
Starter discount: two-week course for \$29, uniform included.  
Call for details. Family discounts available.

## Music

### Pain Free Piano for Kids! (3+ yrs)

Now there is a better way to learn the piano and it is a lot of fun. Come attend this class with your potential piano student and see how this innovative new computer program teaches piano without all the pain. Piano Wizard operates like a video game and is very intuitive. You can go to this link: [www.youtube.com/watch?v=Q-zCbGUGU9U&feature=related](http://www.youtube.com/watch?v=Q-zCbGUGU9U&feature=related) and view a very young student successfully playing songs and having fun! Piano has never before been this easy and this much fun. For more information about the class, go to [justonceclasses.com](http://justonceclasses.com). Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), made payable to City of Goodyear, is due at the time of registration. Class fee: \$47, made payable to Craig Coffman, is due first day of class.

Date: June 8  
Times: 4 to 6 p.m.  
Location: City Hall, room 117, 190 N. Litchfield Rd.  
Prices: \$52 (\$57 non-resident)  
Register: Now through one week before class

### Music by Phoenix Conservatory of Music

[www.pcmrocks.org](http://www.pcmrocks.org) or 602-353-9900

Prices are per session. Pre-registration required. Registration fee: \$10 (\$20 non-resident) per session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$68 per session, made payable to Phoenix Conservatory of Music, is due first day of class.

### Growing Young Musicians (4 - 7 yrs)

At Growing Young Musicians, each child will learn about playing instruments in every musical family and enjoy a hands-on learning approach for strings, percussion, melodic percussion, and winds. Students will learn the basics of reading music through games and fun activities and make some instruments from recycled or household materials. Students will play their instruments while exploring music from around the world! This is a great precursor to private lessons. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Mondays  
Dates: June 4 – July 9 (6 weeks)  
11 to 11:45 a.m.  
July 23 – August 27 (6 weeks)  
3:30 to 4:15 p.m.  
Location: Goodyear Community Center,  
420 E. Loma Linda Blvd.  
(June session);  
Fire Station 183,  
conference room,  
3075 N. Litchfield Rd.  
(July session)  
Prices: \$78 (\$88 non-resident) per session



# Youth Enrichment Classes

For information, please call 623-882-7525  
or visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec)

## Goodyear Recreation Registration

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page I for details. For information, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

## Music by Phoenix Conservatory of Music

[www.pcmrocks.org](http://www.pcmrocks.org) or 602-353-9900

Prices are per session. Pre-registration required. Registration fee: \$10 (\$20 non-resident) per session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$68 per session, made payable to Phoenix Conservatory of Music, is due first day of class.

### Guitar for Little Hands (4 - 7 yrs)

This class will allow students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, simplified chords, and how to play simple songs step-by-step by the end of the sessions. Basic fret board theory will also be introduced. No prior experience required. Students will be required to provide their own guitar. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Fridays  
Dates: June 8 – July 13 (6 weeks), 2 to 2:45 p.m.  
July 27 – August 31 (6 weeks), 4 to 4:45 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$78 (\$88 non-resident) per 6-week session

### Beginning Youth Guitar (8 - 14 yrs)

This class offers students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, basic chords, and how to play simple songs step-by-step by the end of the sessions. Basic fret board theory will also be introduced. No prior experience required. Students are suggested to bring an acoustic or classical guitar. If bringing an electric guitar, bring practice amplifiers. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Fridays  
Dates: June 8 – July 13 (6 weeks), 3 to 3:45 p.m.  
July 27 – August 31 (6 weeks), 5 to 6 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$78 (\$88 non-resident) per 6-week session



### Guitar II (8 - 14 yrs)

This class offers students the opportunity to learn more about intermediate levels of guitar playing and challenge driven students to improve their musical skills and applications. All students are required to have prior training of beginner level skills and MUST BRING THEIR OWN GUITAR TO CLASS. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Fridays  
Dates: June 8 – July 13 (6 weeks), 4 to 4:15 p.m.  
July 27 – August 31 (6 weeks), 6 to 7 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$78 (\$88 non-resident) per 6-week session



### Parent Tot Music Time (6 months - 4 yrs)

This class is a fun, interactive way for families to bring music into their home. Each child and parent or care-giver duo will learn how to play together in ways that will enhance their child's musical and general development. Learn new songs, games, and play music on child-friendly instruments. Min/Max: 5/15 (one child per caregiver team). Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Mondays  
Dates: June 4 – July 9 (6 weeks)  
Times: 10 to 10:45 a.m.  
Location: Goodyear Community Center, 420 E. Loma Linda Blvd.  
Prices: \$78 (\$88 non-resident) per 6-week session



### Piano for Little Hands (4 - 7 yrs)

Musical skills will be taught such as proper hand positions, posture, note reading, and technique. Students will learn how to play popular age-appropriate songs step-by-step. No prior experience is required. Students are required to provide their own keyboards for class sessions; full-size weighted keys are preferable. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Dates: Fridays, June 8 – July 13 (6 weeks), 1 to 1:45 p.m.  
Mondays, July 23 – August 27 (6 weeks), 5 to 5:45 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$78 (\$88 non-resident) per 6-week session

### Beginning Youth Piano (8 - 14 yrs)

Basic musical skills will be taught such as proper hand positions, posture, note reading, and technique. Students will learn how to play popular age-appropriate songs step-by-step. No prior experience is required and notebook and pencil are suggested. Student will be required to provide their own keyboards for class sessions; full-size weighted keys are preferred if possible. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Fridays  
Dates: June 8 – July 13 (6 weeks), 5:30 to 6:30 p.m.  
July 27 – August 31 (6 weeks), 7 to 8 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$78 (\$88 non-resident) per 6-week session

### Singing for Little Stars (4 - 7 yrs)

This program is full of fun methods that help students to learn proper voice technique, including posture, breath support, pitch accuracy, and projection. The students will also master the art of performance and presentation. They will be given the opportunities to sing in an ensemble setting as well as a soloist. At the end of the sessions, a student recital will be held allowing the students to perform and utilize their acquired skills. No prior experience is required. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Mondays  
Dates: June 4 – July 9 (6 weeks), 12 to 12:45 p.m.  
July 23 – August 27 (6 weeks), 4:15 to 5 p.m.  
Locations: Goodyear Community Center, 420 E. Loma Linda Blvd. (June session);  
Fire Station 183, conference room, 3075 N. Litchfield Rd. (July session)  
Prices: \$78 (\$88 non-resident) per 6-week session



### Super Singing (8 - 14 yrs)

This program is full of fun methods that will allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection. The students will also master the art of performance and presentation. They will be given the opportunities to sing in an ensemble setting as well as a soloist. At the end of the sessions, a student recital will be held allowing the students to perform and utilize their acquired skills. No prior experience is required. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$68 per session.

Days: Mondays  
Dates: June 4 – July 9 (6 weeks)  
1 to 1:45 p.m.  
July 23 – August 27 (6 weeks)  
6 to 7 p.m.  
Locations: Goodyear Community Center, 420 E. Loma Linda Blvd. (June session);  
Fire Station 183, conference room, 3075 N. Litchfield Rd. (July session)  
Prices: \$78 (\$88 non-resident) per 6-week session



## Preschool

### ABCs & 123s (3 - 5 yrs)

This preschool class is a fun alternative for children who are not yet in preschool or kindergarten, but ready to be introduced to a school-oriented atmosphere. Participants will be involved in activities including letter and number recognition, shapes, colors, seasons, and other preschool principles. Physical exercises, arts & crafts, story time, Spanish, safety topics, snacks, games, and songs will also be part of this curriculum. Children must be potty trained. Parents are welcome to stay until they are comfortable; however, this class is designed to lead children to independence from parents and encourage them to engage with their new friends. By Mary Shouse. Min/Max: 6/12. Pre-registration required.

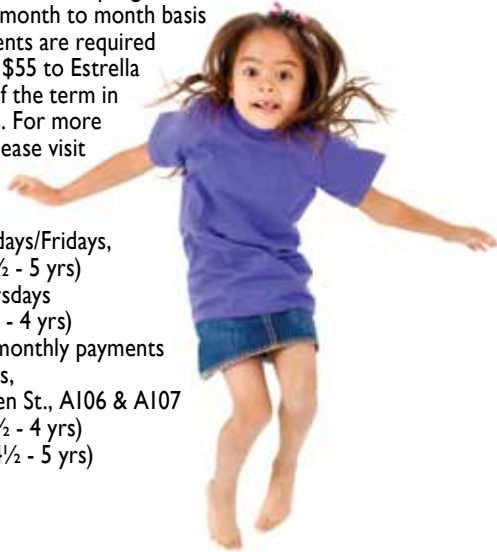
Days: Tuesdays and Thursdays  
Dates: April 17 – May 17 (5 weeks)  
May 22 – June 21 (5 weeks)  
June 26 – July 26 (5 weeks)  
July 31 – August 30 (5 weeks)  
September 4 – October 4 (5 weeks)  
Times: 9:30 a.m. to 12 p.m.  
Location: Goodyear Community Center, 420 E. Loma Linda Blvd.  
Prices: \$120 (\$150 non-resident) per 5-week session



### Preschool Gym N Learn (3 - 5 yrs)

Classes include language, early reading, numbers, early math, and art, to prepare your child for kindergarten. The program includes a structured gymnastics class each school week. The program is run on the local school schedule and payment is on a month to month basis (no contracts required). Students are required to pay an annual supply fee of \$55 to Estrella Gymnastics at the beginning of the term in addition to monthly payments. For more information and to register, please visit [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053.

Days: Mondays/Wednesdays/Fridays, 8:30 to 12 p.m. (4½ - 5 yrs)  
Tuesdays and Thursdays 10:30 to 12 p.m. (3 - 4 yrs)  
Dates: Start at any time; monthly payments  
Location: Estrella Gymnastics, 14190 W. Van Buren St., A106 & A107  
Prices: \$75 per month (3½ - 4 yrs)  
\$248 per month (4½ - 5 yrs)



## Scholarships

The City of Goodyear offers scholarships to all Goodyear residents to make our programs more affordable for families. See page I of this catalog for requirements.

If approved, funds are awarded, if available, per class up to the maximum amount allocated. A \$5 fee per person, per class is required. For more information, please call 623-882-7525.



# Adult Enrichment Classes

## Goodyear Recreation Registration

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page I for details. For information, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

## Belly Dance by Anaya Tribal

Cari Smith of Anaya Tribal, City of Goodyear  
[www.anayatribal.com](http://www.anayatribal.com).

Pre-registration required for all classes.

For registration or more information, call 623-882-7525.

## Tribal Belly Dance - Level I & Level 2

If you have always wanted to get into belly dance and never had the opportunity... here it is! In this class you will learn the foundations of Improvisational Belly Dance. With a leader/follower relationship, learn a language based on easy to remember moves and cues. Basic improv movements are explored with an emphasis on transitional moves as well as posture. Please bring water and wear comfortable clothes to move in. Min/Max: 5/20.

## BellyTek & Fitness - All Levels

Belly dance technique for beginners who want to learn moves and for more advanced students who want drills, drills, drills! Learn and drill moves and technique skills as well as try out some combinations. Wear comfortable clothing that allows for ease of movement. This class is for women of all shapes and sizes. This is a great place to start! Please bring finger cymbals (some will be available for purchase in class). Min/Max: 5/20.

Days: Tuesdays  
Dates: April 17 – June 12 (8 weeks)  
(no class May 29)  
June 19 – August 14 (8 weeks)  
(no class June 3)  
August 21 – October 16 (8 weeks)  
(no class September 4)  
Times: 6:30 to 7:30 p.m. (BellyTek & Fitness)  
7:40 to 8:40 p.m. (Levels I and 2)  
Location: Goodyear Community Center, 420 E. Loma Linda Blvd.  
Prices: \$60 (\$65 non-resident) per 8-week session  
\$105 (\$115 non-resident) for two sessions  
Register: Now through day before session begins

## Birth and Baby Matters

Birth and Baby Matters is a community of women meeting to discuss all topics related to pregnancy, childbirth, and the postpartum year. The group will be lead by childbirth professionals to educate and inform women in a supportive environment. Topics will include what's a doula, what's a birth plan, birth choices, breastfeeding, cloth diapering, and many more valuable subjects and resources. You will find friendly, supportive and knowledgeable women who will share their experiences, resources and information. For more information, visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525. This group will meet the 2nd and 4th Thursday of each month from 6 to 8 p.m. at the Recreation Office at Fire Station 183. There is no cost to join or participate. Pre-registration is not required, but please sign in. Light refreshments will be provided.

## Canyon Fit Club (18+ yrs)

Workout with a group to some of the hottest in-home fitness DVD workouts such as P90X, Slim in 6, Insanity, Power 90, Turbo Jam, Turbo Fire, Body Gospel, Hip Hop Abs, and more! The purpose of this group is to keep you motivated to stick to your exercise routine and meet like-minded friends! Bring a bottle of water, towel, and a desire to burn some calories. A nutritional consultant will be available. Group hikes and other fun events may also be scheduled. For more information, call 928-225-0206 or 928-225-0306, or visit [www.meetup.com/canyonfitclub](http://www.meetup.com/canyonfitclub) to check the schedule and location, and to register.

Days: Weekly; days vary  
Times: Vary  
Locations: Vary; check [www.meetup.com/canyonfitclub](http://www.meetup.com/canyonfitclub) for details

## Coupon Workshop

Would you like to coupon shop but not quite sure how? You'll learn myths and truths about "couponing," what coupons are and how they work, how much you can really save, how to easily organize your coupons to save time and energy when shopping, and where and how to use your coupons to maximize savings. Coupon organizers will be available for \$25. For more information, go to [www.couponsandcupcakes.blogspot.com](http://www.couponsandcupcakes.blogspot.com) or e-mail [couponsandcupcakes@yahoo.com](mailto:couponsandcupcakes@yahoo.com). This one-day workshop is free, but please register before attending. Spots are limited! For more information on registration, call 623-882-7525.

Dates: Choose one: June 30, July 28, August 18, or September 15  
Times: 2 to 4 p.m.  
Location: City Hall, room 117, 190 N. Litchfield Rd.  
Register: Now through day before class

## CPR and First Aid Basic (16+ yrs)

See page 4, Youth Enrichment Classes

## CrossFit Basics

This class is an introduction to Crossfit focusing on teaching the mechanics and proper exercise techniques. Each class is 30 to 45 minutes long and includes individual instruction, nutrition guidance and overall support and program design to help you reach your goals. For more information about the class or to register, go to [www.crossfitfury.com](http://www.crossfitfury.com) or call 623-932-4338.

Days: Mondays, Wednesdays, and Fridays  
Times: 5 a.m., 6 a.m., 8 a.m., 4 p.m., 5 p.m., 6 p.m., 7 p.m.  
Location: CrossFit Fury, 600 N. Bullard Ave., Suite 4-5  
Prices: \$105 (\$115 non-resident) per month

## CrossFit Masters

This program slows down our Basics workouts with a much greater emphasis on balance and regaining any lost abilities or confidence. Maintaining health and independence is our priority in this program. For more information and to register, go to [www.crossfitfury.com](http://www.crossfitfury.com) or call 623-932-4338.

Days: Mondays, Wednesdays, and Fridays at 7 a.m.  
Location: CrossFit Fury, 600 N. Bullard Ave., Suite 4-5  
Prices: \$95 (\$105 non-resident) per month

## Fabulous Faux - Tuscan and Suede (18+ yrs)

Tuscan: Save thousands and learn a faster, easier way to use paint to replicate Old World, stone-like walls, and classic looks for a traditional theme. Your instructor, a professional decorative painter with many years of experience, shows beginners some tricks of the trade, money-saving tips, how to have perfect edges, and how to "rescue" your wall. Bring a paint shirt.

Suede: Want to achieve a soft blend of colors on your wall? Come and learn from a professional faux painter, who shows beginners "ulcer-free" ways to having an office look like leather, how to have Western or Southwestern walls, contemporary and children's rooms. Learn how metallic, stripes and "dry brushing" can change ordinary looks to GREAT. Bring a paint shirt.

For information, please call 623-882-7525  
or visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec)

## Fabulous Faux - Tuscan and Suede (continued)

Fees includes a painting kit and DVD. For more information about the classes, contact [linda.coffman@justonceclasses.com](mailto:linda.coffman@justonceclasses.com) or 480-720-0346. Min/Max: 6/15 per class. Registration fee: \$5 (\$10 non-resident) due at the time of registration. Class fee: \$47 made payable to Linda Coffman, due first day of class. Pre-registration required.

Dates: Tuscan: June 4; Suede: June 8  
Times: 6 to 8:30 p.m.  
Location: Goodyear Community Center  
Prices: \$52 (\$57 non-resident) per class;  
\$10 discount if enrolling in both  
Register: Now through one week before class

## KickFit Cardio (13+ yrs)

Get fit with this fast calorie burning exercise for all levels of fitness. For more information about the class, go to [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident) per 4-week session, made payable to City of Goodyear, is due at the time of registration. Class fee: \$25 per 4-week session, made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
Dates: April 2 – 25 (4 weeks)  
May 7 – 30 (4 weeks)  
June 4 – 27 (4 weeks)  
July 9 – August 1 (4 weeks)  
Times: 7:30 to 8:30 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., A106 & A107  
Prices: \$35 (\$45 non-resident) per 4-week session

## Mat-Gens (Mature Generation)

Mat-Gens are changing the landscape of aging, reshaping post career options to be expansive, engaging and vital. Meet for an interactive "conversation-style" workshop discussing the big shift in midlife transition, re-careering, and insights into issues that are important in life, work, and community. Learn how to re-focus, re-invent yourself, discover 101 Ways to Start the Rest of Your Life, and turn life changes into new beginnings. For more information, go to [www.sunrisebeginnings.com](http://www.sunrisebeginnings.com), call 623-466-2229 or e-mail [b.atkins@pennagroup.com](mailto:b.atkins@pennagroup.com). Min/Max: 6/15. Registration fee: \$10 (\$20 non-resident), payable to City of Goodyear, is due at the time of registration. Class fee: \$67, payable to Penna Group, LLC, is due first day of class.

Days: Saturdays  
Dates: October 20 – November 3 (3 weeks)  
Times: 9:30 to 10:45 a.m.  
Location: Fire Station 183, conference room,  
3075 N. Litchfield Rd.  
Prices: \$77 (87 non-resident)  
Register: Now through day before session begins

## Music by Craig Coffman

### Instant Guitar for the Hopelessly Busy (18+ yrs)

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs. Bring your acoustic guitar. Class fee includes workbook and practice CD. For more information, go to [www.justonceclasses.com](http://www.justonceclasses.com).

## Instant Piano for the Hopelessly Busy (18+ yrs)

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you'll need to play any song in this one session. Class fee includes workbook and practice CD. For more information about the class go to [www.craiginstantpiano.com](http://www.craiginstantpiano.com).

Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), made payable to City of Goodyear, is due at the time of registration. Class fee: \$47, made payable to Craig Coffman, is due first day of class.

Dates: June 8, Instant Guitar; June 4, Instant Piano  
Times: 6:30 to 9:30 p.m.  
Location: City Hall, room 117, 190 N. Litchfield Rd.  
Prices: \$52 (\$57 non-resident) per class; \$10 discount if enrolling in both  
Register: Now through one week before class

## Tae Kwon Do See page 7, Youth Enrichment Classes

## Yoga by Lesley Carney

[www.WestValleyYoga.com](http://www.WestValleyYoga.com) or e-mail [YogiLesley@yahoo.com](mailto:YogiLesley@yahoo.com)  
Registration fees made payable to City of Goodyear, due at registration. Class fees made payable to Lesley Carney, due first day of class.

## Yoga 101 (16+ yrs)

Proper alignment and basic breathing techniques will be taught to beginners. Have fun while improving your strength, flexibility, and cardiovascular health. No prior yoga experience required. Please bring a yoga mat and wear clothes you can move in. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident) session. Class fee: \$25.

Days: Mondays  
Dates: June 4 – 25 (4 weeks), August 6 – 27 (4 weeks),  
September 3 – 24 (4 weeks), October 1 – 22 (4 weeks)  
Times: 9:15 to 10:15 a.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$35 (\$45 non-resident) per 4-week session

## Family Yoga

Yoga postures, games, partner work, and relaxation are healthy and fun ways to spend quality family time together. No yoga experience required. Please bring your own mat and wear comfortable, unrestrictive clothing. Min/Max: 3/7 families. Registration fee: \$10 (\$20 non-resident) per session for family of three. Class fee: \$55 per session for family of three.

Days: Tuesdays  
Dates: June 5 – 26 (4 weeks), August 7 – 28 (4 weeks),  
September 4 – 25 (4 weeks), October 2 – 23 (4 weeks)  
Times: 5:30 to 6:15 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$65 (\$75 non-resident) per 4-week session

## Relax and Renew Restorative Yoga (16+ yrs)

A very active life, workout, or yoga practice should be balanced with the practice of more passive and restorative yoga postures. Known to help reduce anxiety and stress on the physical and mental body. This class is not a workout; most of the class will be spent on the floor rather than doing standing postures. No yoga experience required. Please bring your own mat and wear comfortable, unrestrictive clothing. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident) per session. Class fee: \$25 per session.

Days: Tuesdays  
Dates: June 5 – 26 (4 weeks), August 7 – 28 (4 weeks),  
September 4 – 25 (4 weeks), October 2 – 23 (4 weeks)  
Times: 6:30 to 7:30 p.m.  
Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.  
Prices: \$35 (\$45 non-resident) per 4-week session



# Adult Sports

For more information on Adult Sports, please call 623-882-7536.



## Adult Player Free Agents

Individuals seeking to play for a league team as a free agent can be placed on our player Free Agent "Hot List" with a simple e-mail. Just provide your contact information and tell us which sport(s) you are interested in by filling out the Free Agent Application. Please note that this is a referral service only and does not guarantee individual placement on teams. The Adult Sports Recreation Coordinator also administers the rental of the City's three Community Parks. Go to the Recreational Facility Reservations section of this catalog (back cover) for more information or download a Facility Use Request Application by going to [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

## Goodyear Adult Sports Programs

The Goodyear Parks & Recreation Department, Adult Sports Division provides programs in men's slow-pitch softball, coed softball, men's wood bat softball, coed sand-volleyball, men's flag football, men's basketball, and coed kickball (coming soon). Programs are available for all ability levels. The main focus of the recreational programs is to organize and promote adult sports, and bring the community together. Being involved in sports helps to strengthen relationships and fosters team spirit and camaraderie. There are tournament opportunities for all adult sports programs during their respective seasons. Team packets for league sports programs can be obtained by contacting [troy.mickelson@goodyearaz.gov](mailto:troy.mickelson@goodyearaz.gov). So get some friends together and sign up a team today!

## Co-Rec Sand Volleyball

Teams are responsible for officiating their own games and keeping score. Rally scoring will be used; best two out of three wins match. Third game is played as a tie-breaker. Register in person only at the Goodyear Recreation Office, August 13 – 31, 2012 until filled. Registration is based on team priority levels. Min/Max: 6/8 teams to run the league; 6/8 players on a roster. Mandatory managers meeting takes place at the Goodyear Recreation Office, September 6, 2012 at 6:30 p.m. Download rosters at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

Next volleyball season will be in May 2013, with registration in April 2013.

Dates: September 11 – November 8, 2012  
Days: Tuesdays, Recreational League  
Thursdays, Competitive League  
Times: Games start at 6 p.m.  
Location: Goodyear Community Park, sand volleyball courts  
Prices: Priority 1: \$155 for teams/rosters that have 100% Goodyear residents, register August 13  
Priority 2: \$170 for teams/rosters that have 75% or more Goodyear residents, register August 14  
Priority 3: \$185 for teams/rosters that have 50% or more Goodyear residents, register August 15  
Priority 4: \$200 for teams/rosters that have 25% or more Goodyear residents, register August 16  
Priority 5: \$215 for teams/rosters that have less than 25% Goodyear residents or incomplete rosters, register August 17  
Register: Registration is based on team priority levels. Priority registration begins Monday, August 13, 2012. Open registration begins Monday, August 20, 2012. Registration deadline is Friday, August 31, 2012. Fees are due at registration. One check per team.



## Men's Basketball

Summer registration is walk-in only at the Goodyear Recreation Office, May 7 – 25, 2012 or until filled. Registration is based on team priority levels. Min/Max: 6/8 teams to run the league; 8/10 players on a roster. Mandatory managers meetings take place at the Goodyear Recreation Office, Thursday, May 31, 2012 at 6:30 p.m. Download rosters at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

Next basketball season will be in June 2013, with registration in May 2013.

Dates: June 5 – July 26, 2012  
Days: Tuesdays, Recreational League; Thursdays, Competitive League  
Times: Games start at 6 p.m.  
Location: Bradley Academy  
16060 Lower Buckeye Parkway, Goodyear, AZ 85338  
Prices: Priority 1: \$350 for teams/rosters that have 100% Goodyear residents, register May 7, 2012  
Priority 2: \$375 for teams/rosters that have 75% or more Goodyear residents, register May 8, 2012  
Priority 3: \$400 for teams/rosters that have 50% or more Goodyear residents, register May 9, 2012  
Priority 4: \$425 for teams/rosters that have 25% or more Goodyear residents, register May 10, 2012  
Priority 5: \$450 for teams/rosters that have less than 25% Goodyear residents or incomplete rosters, register May 11.  
Register: Registration is based on team priority levels. Priority registration begins Monday, May 7, 2012. Open registration begins Monday, May 14, 2012. Registration deadline is Friday, May 25, 2012. Registration fees are due at registration. One check per team.

## Softball

Registration is determined by priority. Priority 1 teams must consist of 51% or more players being Goodyear residents and/or a Goodyear business sponsored team. Rosters must be completed and signed to qualify for Priority 1 status. Priority 2 teams will consist of 50% and below. Any incomplete rosters received during the time of registration will default to Priority 2. Managers are required to collect all signatures at their first scheduled game before any player takes the field. Summer registration will take place May 12, 2012. Min/Max: 6/8 teams to run a league; 12/16 players on a roster. Mandatory managers meeting takes place at the Goodyear Recreation Office, June 7, 2012 at 6:30 p.m. for the summer adult softball program. Download rosters at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

Next softball season will be fall 2012, with rosters due August 10, 2012.

Dates: June 10 – August 10, 2012  
Days: Sundays: Adult "Co-Rec" dh (doubleheader)  
Mondays: Men's "D" dh  
Tuesdays: Men's "D" dh  
Wednesdays: Men's "D" dh  
Thursdays: Adult "Wood Bat League" dh  
Fridays: Adult "Co-Rec" dh  
Times: 6 p.m. games  
Location: Goodyear Community Park, 3151 N. Litchfield Rd.  
Prices: Priority 1: \$375 (dh); Priority 2: \$450 (dh)  
Register: Registration is based on team priority levels. Priority registration begins Saturday, May 12, 2012. Open registration begins Monday, May 14, 2012. Registration deadline is Friday, June 1, 2012. Registration fees are due at registration. One check per team.



# Youth Sports

For more information on Youth Sports, please call 623-882-7513.

## Baseball - Fall 2012 Youth League (5 - 12 yrs)

Games are utilized for players to develop the skills necessary to become successful players and will address the advanced techniques of fielding, hitting, pitching, speed, agility, quickness, and eye and hand coordination. Mandatory parent meeting will be held Saturday, August 11: Kid Pitch at 9 a.m.; ages 5 - 8 at 10:30 a.m. A mandatory meeting for all volunteer head coaches in the City of Goodyear Fall Baseball League will be held Wednesday, August 8, 2012 at 6:30 p.m. in the City of Goodyear Recreation Office conference room.



Games: Saturdays, September 22 – November 10, 2012  
Practices: Begin the week of August 20, 2012  
Locations: Goodyear Community Park, Falcon Park, Foothills Community Park, Goodyear Recreational Complex (league utilizes various sites for practices and games)  
Prices: Coed Tee Ball: 5 - 6 yrs, \$70 (\$80 non-resident)  
Coed Coach/Machine Pitch: 7 - 8 yrs, \$70 (\$80 non-resident)  
Coed Kid-Pitch Baseball: 9 - 12 yrs, \$80 (\$90 non-resident)  
\$10 discount if registered before July 22, 2011  
Equipment: Baseball cap (included), jersey (\$15), glove, cleats, water  
Register: July 9 – August 5, 2012 (or until filled)

## Baseball and Softball Camps

The D-backs Training Centers, the official youth baseball and softball camps of the Arizona Diamondbacks, are hosting a week-long baseball camp at Foothills Community Park June 11 – 15, from 8 to 11 a.m. Registration includes t-shirt, hat, and a free ticket to a D-backs home game with the opportunity to purchase discount tickets. For more information and to register, visit [dbacks.com/camps](http://dbacks.com/camps) or call 800-821-7152.

## Baseball - Tee Ball Skills Clinic (5 - 6 yrs)

This introductory baseball skills clinic for boys and girls teaches the fundamentals of baseball in a fun, non-threatening environment, while preparing children to play organized tee ball, baseball, and softball. This clinic will include instruction in throwing, catching and fielding balls, running the bases, and hitting off of a tee. Children should wear tennis shoes or non-metal cleats and bring their own glove and water bottle. Parent participation is required. Note: this is not a league. Limited to 16 participants. First time participants must show proof of age in the form of a birth certificate. Participant's age determined as of first class date.

Dates: Saturdays, beginning August 11, 2012 (6 weeks)  
Times: Session 1: 8:30 to 10 a.m.  
Session 2: 10:30 a.m. to 12 p.m.  
Locations: Goodyear Community Park, 3151 N. Litchfield Rd.  
Falcon Park, 15050 W. Indian School Rd.  
Prices: \$60 (\$70 non-resident)  
\$10 discount if registered before July 27, 2012  
Register: July 9 – August 3, 2012 (or until filled)

## Volleyball - Fall Girls League (7 - 14 yrs)

Girls ages 7 to 14 will learn the basic fundamentals and skills associated with the game of volleyball in an atmosphere where participation and fun are top priority. Basic volleyball fundamentals such as hand positioning, serving, passing, setting, and hitting will be taught. Mandatory parent meeting will be held Saturday, August 25, 2012 at 9 a.m. A mandatory meeting for all volunteer head coaches in the City of Goodyear Volleyball League will be held Wednesday, August 22, 2012 at 6:30 p.m. in the City of Goodyear Recreation Office conference room.

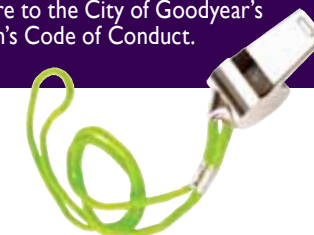
Games: Saturdays, September 29 – November 17, 2012  
Practices: Begin the week of September 4, 2012  
Locations: Copper Trails Elementary School,  
16875 W. Canyon Trails Blvd.  
Centerra Mirage Elementary School,  
15151 W. Centerra Drive South  
Prices: \$80 (\$90 non-resident)  
\$10 discount if registered before August 5, 2012  
Equipment: Volleyball, reversible jersey (\$15), bottled water,  
knee pads required  
Register: July 16 – August 19, 2012 (or until filled)

## Volunteers Needed for Youth Sports!

Help us serve the children in our community! Please indicate your desire to coach or be a team parent on the registration form when registering your child (this does not guarantee a position). Those who do not have children in the league are also welcome to apply to become a volunteer in our award-winning youth sports program.

### Qualifications:

- 1) Be at least 18 years of age;
- 2) Complete a volunteer application and submit it to the Parks & Recreation Office, 3075 N. Litchfield Rd.;
- 3) Attend the mandatory coaches meeting for the sport's season;
- 4) Adhere to the City of Goodyear's Coach's Code of Conduct.





# Adult Activities (50+ yrs)

## Registration Information

If you are new to City of Goodyear Recreation, a household account (each person's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of Goodyear residency and a photo ID are required for each adult when setting up a household account. Adults can register only themselves or their spouse for a trip or activity. Please note: non-refundable convenience fees apply to all online transactions.

Registration is required for all trips and activities. Registration may be accepted at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday, or online. Not all trips or activities are available for online registration. Registration cannot be accepted by e-mail or phone. Payment is due at the time of registration and will be non-refundable one week prior to trip date. For more information on registration, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Transportation will be provided for most trips and supplied through a coach bus company, school bus or by City Vans, depending on number of enrollments per trip. Wheelchair accessible transportation is available upon request.

## Lunch & Bunco

Join us the first Wednesday of every month for lunch and a game of Bunco at the Goodyear Community Center; 420 E. Loma Linda Blvd. The lunch menu will vary each month and will feature food from a local Goodyear restaurant. You will pay \$5 when you register (to pre-order food) and \$5 at the door (for Bunco prizes). We need at least 12 players for Bunco. Bunco is a simple dice game. Rules and how to play will be covered. New or experienced players are welcome. Pre-registration required. For information on registration, call 623-882-7525.

Days: First Wednesday of every month  
Times: 11 a.m. to 2 p.m.  
Location: Goodyear Community Center  
Price: \$10 per event



## May 21 – Arizona Wine Tours

Join us as we take a wine tasting excursion at four of Northern Arizona's wineries along the Verde Valley Wine trail; Alcantra, Javelin Leap, Oak Creek, and Page Spring Cellars. Tours are suitable for the seasoned wine-drinker as well as the novice. Each winery will have a selection of tastings from their new releases. The wine flights average from four to five tastings per flight, for \$5 to \$10 per flight (souvenir glass included at some wineries or you can purchase.) A wine consultant will help you decide which wines you might like to try for your tasting. We will have lunch at one of the wineries (price included). Most of the wineries will have complimentary snacks. You will have the opportunity to purchase bottles and order cheese plates. We will average about one hour at each winery, plus lunch and the tour. Be sure to wear non-slip walking shoes and bring a jacket. The wineries have also requested that you bring cash in small bills as they do not always have the capability to take credit cards or make change. Price includes coach bus transportation and lunch (no beverage). We will stop at Camp Verde on the way there and back. Min/Max: 20/30.

Times: Depart 9 a.m., Return 8 p.m.  
Location: Page Springs, Arizona  
Prices: \$52 (\$59 non-resident)  
Register: Now through May 11



## May 23 – Arizona State Museum and Mission San Xavier

The Arizona State Museum is the oldest and largest anthropology museum in the Southwest, established in 1893. ASM's collections and experts are among the world's most significant resources for the study of Southwestern cultures. A National Historic Landmark, San Xavier Mission was founded as a Catholic mission by Father Eusebio Kino in 1692. It is a place where visitors can truly step back in time and enter an authentic 18th Century space. No bags, food or drinks are allowed in the exhibition galleries. Find more information at [www.statemuseum.arizona.edu/](http://www.statemuseum.arizona.edu/) and [www.sanxaviermission.org](http://www.sanxaviermission.org). Price includes museum admission and coach bus transportation. You may bring a lunch to eat on the bus. We will stop at a fast-food restaurant. Min/Max: 15/50.

Times: Depart 8 a.m., Return 6 p.m.  
Location: Tucson, Arizona  
Prices: \$47 (\$54 non-resident)  
Register: Now through May 11



## June 11 – Cliff Castle Casino

Come visit us at Cliff Castle Casino Hotel, voted Arizona's #1 casino for more than a decade! Cliff Castle Casino Hotel is a 115,000 square foot, multi-amenities facility that has a sterling reputation for cleanliness and safety, and it doesn't stop there. You'll find more than 660 slot machines, eight blackjack and 10 poker tables, electronic roulette and blackjack tables, four restaurants, three full-service bars, shake, rattle, and bowl with 20 lanes of bowling. The casino is wheelchair accessible. We will provide each member of your group with a free \$10 cash coupon. For more information, go to [www.cliffcastlecasinohotel.com/](http://www.cliffcastlecasinohotel.com/). Price includes administration fees. Cliff Castle will need your name, birth date, and Cliff Castle card number if you are a member. Please bring a state issued ID card. Min/Max: 30/53.

Times: Depart 8 a.m., Return 6 p.m.  
Location: 555 Middle Verde Road, Camp Verde, Arizona  
Price: \$5  
Register: Now through June 1

## July 18 – Herberger Lunchtime Theater

*LOST IN BONKERS*, the musical. Join us as we examine a number of psychoses, diagnoses, and a multitude of "personalities" through story and song. Featuring the vocal talents of Shana Bousard, Dominik Rebilas, and Joe Bousard, this comical cabaret is sure to ease your mental health and tickle your Freudian fancy. Receive a free diagnosis with the price of admission! Produced by TML Arts. TML Arts features professional performances throughout the Valley, highlighting and encouraging the development of that which is spoken and sung. For more information, go to [www.herbergertheater.org/lunch\\_time\\_theater](http://www.herbergertheater.org/lunch_time_theater). Price includes school bus transportation, admission and an optional box lunch. Min/Max: 7/30.

Times: Depart 11:15 a.m., Return 1:30 p.m.  
Location: 222 E. Monroe, Phoenix  
Prices: \$11 (\$18 non-resident), \$6 optional lunch  
Register: Now through July 6



## August 16 – Arizona Traffic Operations

The Traffic Operations Center (TOC) Section is available for the public to see firsthand. The 2,100-square-foot control room includes 32 video monitors mounted on a wall, and large screens used to display traffic speed and weather information. There are four workstations in the control room, operators at two of the stations monitor traffic in the Phoenix metropolitan area, and the operators at the other two stations monitor traffic throughout the remainder of the state. For more information, go to [www.azdot.gov/Highways/TTG/TTG-Sec-TOC.asp](http://www.azdot.gov/Highways/TTG/TTG-Sec-TOC.asp). Price includes van transportation. Min/Max: 7/15.

Times: Depart 9:15 a.m., Return 12:30 p.m.  
Location: 2302 W. Durango St., Phoenix  
Prices: \$5 (\$12 non-resident)  
Register: Now through August 15

For information, please call 623-882-7525 or visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec)

## September 11 – Ping Golf Factory Tour

As you walk with your guide through the various sections of the Ping manufacturing plant, you'll see real employees performing real tasks. They are analyzing shafts, painting logos, adjusting weights and balances, filling orders, implementing quality checks, and doing the hundreds of tasks that go into producing golf clubs. You'll see irons, woods, putters, and accessories. You won't see much inventory – don't forget to ask your tour guide why! Wear comfortable shoes for lots of walking and standing. We may be required to wear safety glasses. For more information, go to [www.ping.com](http://www.ping.com) or call 602-687-5385. Price includes city van transportation.

Times: Depart 8:15 a.m., Return 11:45 a.m.  
Location: 2201 W. Desert Cove, Phoenix  
Prices: \$5 (\$12 non-resident)  
Register: May 14 through August 31



## September 20 – Pima Air & Space Museum and Titan Missile Museum

Pima Air & Space Museum is one of the largest air and space museums in the world, and the largest non-government funded aviation museum. You'll see more than 300 aircraft and spacecraft including many of the most historically significant and technically advanced craft ever produced. The trip includes the AMARG tour of the 309th Aerospace Maintenance Regeneration Group. Because AMARG is part of an Air Force Base, carrying of firearms, weapons, illegal substances, backpacks, camera cases, and other non-essential items are prohibited. All items will be visually inspected before boarding the bus. **Each person must bring a government issued photo identification to participate in this tour.** The Titan Missile Museum is the only publicly accessible Titan II missile site in the nation. Tour the underground missile site. See the 3-ton blast doors, the 8-foot thick silo walls, and an actual Titan II missile in the launch duct. This tour cannot be made wheelchair accessible due to the amount of stairs below ground. For more information on the Pima Air & Space Museum, go to [www.pimaair.org](http://www.pimaair.org) or call 520-574-0462. For more information about the Titan Missile Museum, go to [www.titanmissilemuseum.org](http://www.titanmissilemuseum.org) or call 520-625-7736. Price includes admission, tours and coach bus transportation. You may bring your own lunch or purchase at the museum's restaurant. We will stop at a fast food restaurant on the trip back. No food or drinks are allowed inside either museum, except bottled water. No large bags or backpacks allowed. Wear comfortable clothes and appropriate shoes for a lot of walking. Min/Max: 20/50.

Times: Depart 8 a.m., Return 8 p.m.  
Location: Tucson, Arizona  
Prices: \$79 (\$86 non-resident)  
Register: May 14 through September 6

## October 4 – Schnepf Farms

Join us for the Pumpkin & Chili Festival Party at Schnepf Farms for a delicious chili meal (chili, corn bread, corn on the cob, brownie, and drink) and lots of fun including preferred seating for "pig racing," a train ride around the farm, a free pumpkin, roasting marshmallows, and more. Don't forget to visit the Country Store and Bakery and Schnepf Family Museum. Please wear comfortable shoes for a lot of walking. For more information, go to [www.Schnepffarms.com](http://www.Schnepffarms.com) or call 480-987-3100. Price includes farm admission and school bus transportation. Min/Max: 20/50.

Times: Depart 11 a.m., Return 6 p.m.  
Location: 24810 S. Rittenhouse Rd., Queen Creek, Arizona  
Prices: \$35 (\$42 non-resident)  
Register: May 14 through September 20

## October 24 – Chase Field Tour

From its signature swimming pool to its retractable roof, Chase Field has become one of the game's most recognizable landmarks in just a few seasons. Since the air-conditioned facility first opened its doors to a regular-season game on March 31, 1998, nearly 17.5 million baseball fans have enjoyed the opportunity to watch the Arizona Diamondbacks without worrying about Phoenix's summer heat or monsoon storms. Join us for a group tour. For more information and tour restrictions, go to [arizona.diamondbacks.mlb.com](http://arizona.diamondbacks.mlb.com) or call 602-462-6799. Price includes tour and school bus transportation. Min/Max: 25/50.

Times: Depart 9:45 a.m., Return 12:30 p.m.  
Location: 401 E. Jefferson, Phoenix  
Prices: \$13 (\$20 non-resident)  
Register: May 14 through October 10



## November 6 – Arizona Food Tour and Old Town Scottsdale

You will be taken on a three-hour adventure through location and time starting with the wild west and how Scottsdale was established, all the ways Scottsdale has changed over the years, and of course, all of the great things that Scottsdale has to offer today. You will sit down and relax with an interesting mix of people while you enjoy distinctive food and wine from some of Scottsdale's unique restaurants and shops. There will be a lot of walking, so wear comfortable shoes. For more information, go to [www.arizonafoodtours.com](http://www.arizonafoodtours.com) or call 480-293-4096. Price includes food, tour, and van transportation. Min/Max: 10/15.

Times: Depart 10:15 a.m., Return 3 p.m.  
Location: Scottsdale Historical Museum Area  
Prices: \$51 (\$58 non-resident)  
Register: May 14 through October 23

## November 29 – Mystery Castle

Mystery Castle is located in the city of Phoenix, Arizona, in the foothills of South Mountain Park. It was built in the 1930s by Boyce Luther Gulley for his daughter Mary Lou Gulley. After learning he had tuberculosis, Gulley moved from Seattle, Washington, to the Phoenix area and began building the house from found or inexpensive materials. Boyce Gulley died in 1945, and Mary Lou and her mother were notified by attorney that they had inherited the property. Shortly after, the mother and daughter moved in. The house is said to be held together by a combination of mortar, cement, calcium, and goat milk. The sprawling 18-room, three-story castle is built from a wide range of materials – stone, adobe, automobile parts, salvaged rail tracks from a mine, telephone poles, etc. Please wear appropriate shoes. Be prepared to walk on uneven surfaces. The only available restroom will be an outhouse. For more information, call 602-268-1581. Price includes admission and school bus transportation. Min/Max: 20/40.

Times: Depart 10 a.m., Return 1 p.m.  
Location: 800 E. Mineral Rd., Phoenix  
Prices: \$19 (\$26 non-resident)  
Register: May 14 through November 15







190 N. Litchfield Rd.  
www.goodyearaz.gov  
623-932-3910

### Goodyear Recreation Office

Goodyear Fire Station 183 (#3), 3075 N. Litchfield Rd.  
Goodyear, Arizona 85395 (north of Thomas Road).  
Open Monday through Friday, 8:30 a.m. to 5 p.m.  
Closed weekends and holidays.

Phone: 623-882-7525  
Fax: 623-882-7533  
E-mail: gyrec@goodyearaz.gov  
Website: www.goodyearaz.gov/rec



### City of Goodyear Recreational Facility Locations

Goodyear Community Park  
(basketball, tennis and sand volleyball courts, fields, ramada, and skate park)  
3151 N. Litchfield Rd., 623-882-7525

Goodyear Community Center  
420 E. Loma Linda Blvd., 623-882-7525

Goodyear Swimming Pool  
430 E. Loma Linda Blvd., 623-932-4809

Goodyear Branch Library  
250 N. Litchfield Rd., Suite 185, 602-652-3000

Goodyear Ballpark and Recreational Complex  
1933 S. Ballpark Way (Estrella Parkway, south of Yuma Road)

Falcon Park  
(basketball and sand volleyball courts, fields, and one ramada)  
15050 W. Indian School Rd., 623-882-7525

Foothills Community Park  
(Little League fields and a multipurpose field)  
12795 S. Estrella Parkway

Roscoe Dog Park  
15600 W. Roeser Rd. (west of Estrella Parkway, south of MC-85)

Centerra Mirage Elementary School  
15151 W. Centerra Drive South

Copper Trails Elementary School  
16875 W. Canyon Trails Blvd.

### Recreational Facility Reservations

Field's and athletic facilities are limited in number. For Court/Field/Plaza/Ramada fees, availability, guidelines, rules, and information, please call Troy Mickelson at 623-882-7536. For Goodyear Community Center and Goodyear Pool fees, availability, guidelines, rules, and information, please call Kristin Byers at 623-882-7525.

Goodyear Community Park Basketball/Volleyball/Tennis Courts:  
\$5 per hour (\$7 per hour, non-resident)

Falcon Park/Foothills Community Park/Goodyear Community Park Fields:  
prices are based on your category, please call 623-882-7536.

Falcon Park Ramada:  
\$50 per 4-hour minimum (\$65 per 4-hour minimum, non-resident)

Goodyear Community Park Plaza:  
\$25 per hour (\$35 per hour, non-resident)

Goodyear Community Park Ramada:  
\$35 per 4-hour minimum (\$50 per 4-hour minimum, non-resident)

Goodyear Community Center:  
Saturday/Sunday: \$25 per hour (\$35 per hour, non-resident) 4-hour minimum

Goodyear Swimming Pool: See Recreation Catalog, page 2.